

Leisure Club Rules and Regulations



Fitness Suite Facilities

1. All hotel guests must fill out a medical screening form before using the fitness suite.
The club reserve the right to refuse usage of the fitness suite based on medical concern or prior medical history, if the individuals health concerns are at risk.
2. Guests are responsible for monitoring their own physical condition throughout any activity undertaken within the club and should any unusual symptoms occur they must immediately refrain from participating in the activity and inform a fitness instructor or any leisure team member of staff.
3. Hotel guests must wear appropriate clothing whilst using the fitness suite, training shoes must be worn at all times, men must wear training vests or a t-shirt, no swimwear will be permitted in the fitness suite.
4. No persons under the age of 16 yrs are allowed to use the fitness suite.
5. Guests are requested to wipe down the fitness equipment after use and carry a towel with them whilst using the fitness suite.

Saunas, Steam Rooms, Spa Bath and Swimming Pool

1. Hotel Guests suffering from the following conditions must not use these facilities, high or low blood pressure, cardiac problems, breathing difficulties or asthma, or pregnancy.
2. Swimming costumes must be worn at all times.
3. Guests must shower before using the steam room, sauna, swimming pool or spa bath.
4. Children under the age of 12 yrs cannot use the steam room, sauna, or spa bath.
5. No diving or ball games are permitted within the pool area.
6. No outdoor footwear is allowed within poolside.

Health and Hygiene

1. In the interest of Health and safety, no crockery, glass, or food is permitted in the changing rooms, fitness suite, and swimming pool area.
2. Fire exits are clearly marked guests must not interfere with these doors for any reason.
3. Smoking is not permitted within the leisure club, and is only accepted in designated areas of the hotel facilities.

General

1. Children and young adults may only use the club facilities during the published usage times.
2. Parents are totally responsible for their children's behavior at all times.
3. Children and young adults of 14 yrs and below must be accompanied by an adult or guardian over the age of 18 yrs at all times.

Full terms and conditions can be obtained from the revive club's reception if needed.

Thank you for taking time to read through the club rules.